

ELIZABETH VALE SCHOOL NEWSLETTER

TERM 1 WEEK 7 2018

FROM THE WELL BEING CO-ORDINATOR

'Ready to Learn' is a phrase you may hear regularly around our school. To be 'Ready to Learn' means that our minds are focussed on the task in front of us and that our body is in the best state for learning.

Students have started this journey by learning about what stress is, how it's caused, how we see it and how it makes us feel.

Through our learning as a staff we have learnt the important part that unpredictability plays on anxiety and stress. We have set up strict classroom routines and are very open with any major changes in day plans in order to reduce stress and anxiety for our staff and students. Feel free to try this at home.

We've also continued teaching and learning about ways to regulate our bodies and minds. It starts with the teachers working closely with the students to engage them with strategies to lower their heart rate make positive decisions and we hope it leads to students being able to do this for themselves.

We encourage students and parents to start conversations about managing stress. The better we understand how stress effects us, the better we will become at getting in control of it.

Thank you to all who have applied for School Card, we have had a great response already. If you still need to apply, please come into the Front Office anytime of the day to do the paperwork.



DIARY DATES

Wednesday 21st March

Harmony Day

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Elizabeth Vale School

Rollison Road

Elizabeth Vale

S.A. 5112

Telephone: 82551307

Fax: 82871563

Principal:
Julie Murphy

Deputy Principal:
Brett Eagles

Senior Leader: Early Years :
Briony Murdoch

Senior Leader: IELC
Melanie Rose

Leader of Learning:
Chris Guy

Co-ordinator:: Well Being
Dave Pascoe

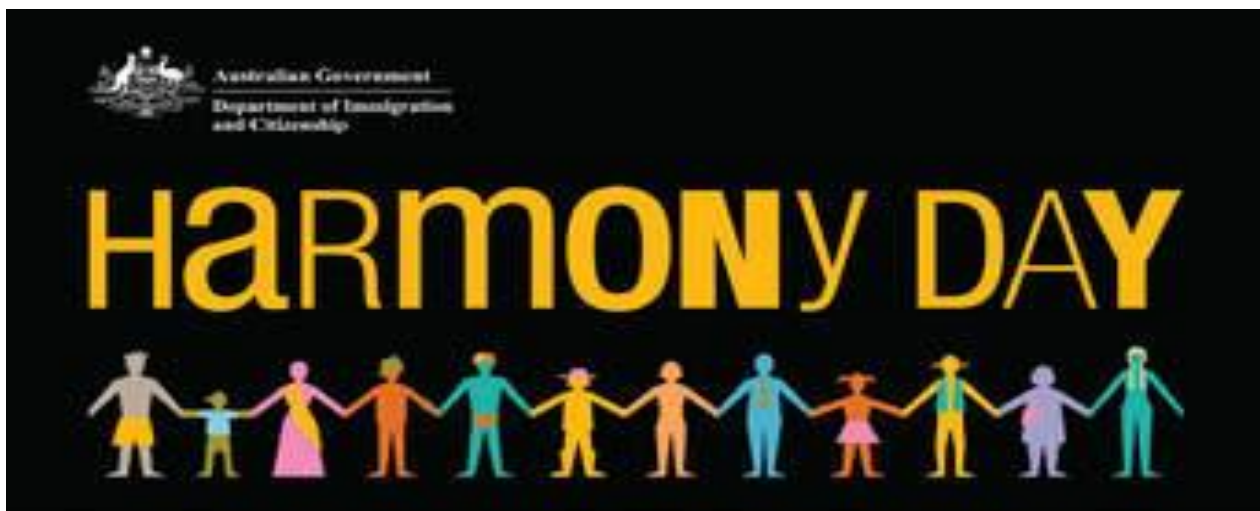
Co-ordinator: Student Support
Jacqui Forjan

Co-ordinator: Maths
Sarah Trevena

Our School Values: *Respect—Honesty—Excellence*

Harmony Day

Harmony day is recognised Australia wide on Wednesday 21st March. Our cultural diversity is one of our greatest strengths and is at the heart of who we are. This year students and staff will receive an orange ribbon to wear in recognition of the day. Due to swimming week, major celebrations will be on hold until Term 2, when our whole school learning focus will be on Multiculturalism.



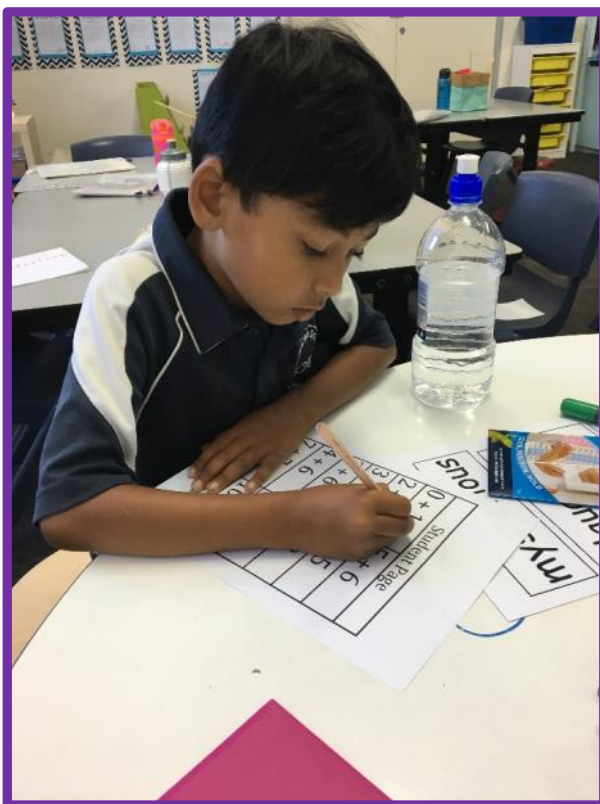
Learning in Room 7, 8 and 11



In Room 11 we have been busy learning about Australian Animals, habitats and lots more!



In Room 8 we have been developing our fluency in maths.



In Room 7 during History we have been learning about South Australian public holidays. One of the holidays we learnt about was Adelaide Cup Day. We made fancy hats to celebrate the day.



WELCOME TO THE VALE

WELCOME

The staff , students and community members would like to welcome the following students and their families to Elizabeth Vale School.

Jordan Rm 15

Library News

Over the past few weeks we have been busy processing new books for students to borrow. There is a variety of novels for all age group and picture books as well. We encourage students to read our picture books as they have great text.



Start collecting those vouchers from Coles.

There are two collections boxes within the school. One box is in the Early Years Building and the other box can be found in the Front Office.

Please encourage your family and friends to collect the vouchers to help us reach our sports gear target.

After five weeks we have total of 6,745

ASSEMBLY AWARDS –TERM 1 WEEK – 7

Room 1 Zahra Jess	Room 5 Nashawn Kurt	Room 10 Rubi Shontaiah	Room 16 Shannon Tamira	Room 20 A Dalal Bilashet	Room 23 Nathaniel Katelyn
Room 2 Lajit Steven	Room 7 Elisha Jayden	Room 11 Kamsi Zander	Room 17 Ethan Kapinga	Room 20B Bik Bik Pramod	Room 24 Monil Moumen
Room 3 Caitlin Lochlan	Room 8 Angus Esther	Room 14 Lily-Ann An	Room 18 Sophie Joshua	Room 21 Shreeejana Khadija	Pathways Rayyan Skye
Room 4 Chelsea Jashmin	Room 9 Khloe Adam	Room 15 Cassandra Jordan	Room 19 Tesa Bodie	Room 22 Ammar Krestin	Miss Rachel Dylan Callen